

Defensive / Cooperative Driving

4 hour course + 1 hr Driving lesson \$400

More than being defensive, cooperative driving keeps everyone safe.

The course includes a 1 hr individual driving lesson

The course reviews techniques of defensive and cooperative driving, avoiding preventable collisions.

FLOW driving techniques

- Vehicle dynamics discovery
- Collision factors
- Emergencies
- Assessment of driving skills

Learning Objectives

- Using the 3 Second rule for Space management
- Having an escape route to avoid danger.
- Demonstrate traffic flow strategies that avoid collision potential.
- Demonstrate sharing the road with all users.
- Traveling in the safest lane.
- Demonstrate a 360' check while driving
- Close proximity maneuvering.
- Recognize road conditions and react accordingly.
- Completing a pre-trip and post trip inspection and why.
- 7 collision factors
- Winter topics: Winterize your car, Be Prepared & Slide control

Winter Driving Workshop

2 hour course \$200

PowerPoint style presentation preparing drivers for winter driving conditions.

Be Prepared

- Slide Control
- Winterize Your Car

Heavy Trailer Endorsement

6 hour course \$300

This course is for class 5 Drivers wanting to haul a trailer greater than 4600kg. (not equipped with air brakes)

Must supply your own truck and trailer for practice and test and have a Class 3 learner's

- Pre-trip Inspection
- City Driving
- Limited Highway Driving
- Limited Backing Skills
- ICBC Road Test

Restricted Space Driving Workshop

8 hour course \$800

This course focuses on the defensive driving, winter driving and backing with a trailer components.

- Describe when and where collisions occur and how often.
- Hone their attitude skills such as remaining calm and 5 keys to backing safely.
- Evaluate parking spot hazards that may result in a likely hood of a collision.
- Identify high and low risk parking spots such as pull through, back-in, and angle.
- Trailer towing skills forwards and backwards
- Vehicle recovery choices
- Demonstrate pre-trip inspection, circle check, condition of vehicle, and have a traffic cone.
- Demonstrate maneuvering forward and reverse with smooth operation, slow speed, 360 degree check, and using the horn.
- Demonstrate post-trip inspection.
- Discuss parking lot skills such as the 5 keys to backing safely, ground checking, ground surface, and anti-lock brakes.
- Discuss backing skills such as speed, steering correct amount and steering correct direction.
- Demonstrate parking in a designated area using the learned knowledge, skills and attitude.
- Describe reporting to EHS and supervisor.
- Discuss a common collision scenario with analysis, solutions and prevention.