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MEET THE CHEES





Russell Auckbaraullee

Russell Auckbarauliee's culinary creations, perfumed and spiced with imagination, lend a note of originality to receptions, parties and dinners throughout the GTA. Inventive, colourful and full of unexpected flavors. his menus are designed uniquely for each event.

After catering to 100 of the Canadian Olympic Team from London 2012. Chef Russell decided to leave the restaurant life and pursue working for himself and started Penthouse Catering. As a personal chef in Toronto and having the training of running a kitchen as Head Chef and collaborating with some of the top chefs of Toronto gave Chef Russell the confidence to know this venture will succeed

Inspiration comes from his parents who are from the Island of Mauritius, a country with no native, but fused with other cultures from France, India, China and Africa. In the 1800's to today, Mauritian cuisine is a fusion of food from cultures around the globe.

His passion for cooking came from his parents, especially his father. Mahmad Auckbaraullee who was self-taught in the kitchen. Chef Russell was inspired to follow in his steps and gained his education at the YMCA Culinary Program. He went on to learn Italian cuisine at Mange e Beyl in downtown Toronto.

Chef Russell is excited to be part of Halal Foodie 2014 to share his experiences and cooking tips.

When Chef Russell is not appearing at special events, TV or radio, you can find him on weekends at 747 Flea Market food court @ Rassool's

Photo Credit: Cafaphoto

ON HALALFOODIE.CA

Night Out at Haze Lounge in Mississauga May 30, 2014

Haze Lounge in Mississauga is a cozy hang out spot for a more youthful crowd that opened this past December. You might remember this place as Zaytoun Grill and even JFK Lounge before that, Although the location is a little hard to find since it's not directly off of a main road, parking is ample... View Article

